



**Emmanuel**  
NORTHWOOD

**FOCUSED ON GOD  
COMMITTED TO  
ONE ANOTHER  
INVOLVED IN  
HIS WORLD**

16 October 2016



A big welcome if you are new to Emmanuel – please say hello to one of our clergy, wardens or stewards as they would love to meet you and give you a welcome booklet which tells you a bit about us.

## Humility

Johnny announced in his 'weakness and strength' sermon on the 4th September that humility is the human characteristic I value most. I'd like to explain why.

The Oxford English Dictionary defines humility as 'the quality of having a modest or low view of one's importance'. This may work in a secular context, but I think humility in a Christian context it is so much more than that. It is the opposite of arrogance, pride and self-importance. It is being servant-hearted and taking delight in lifting others up and seeing them shine.

But let's get things straight - being humble does not mean thinking you are no good and others are so much better than you are. It doesn't mean you are a pushover or that you let people walk all over you. It doesn't mean you are weak or passive, or you belittle your gifts and talents. It can only be found when you are completely comfortable, confident and secure with who you are in God, and therefore you can build others up and let them take centre stage without feeling jealous or left out. CS Lewis said 'humility is not thinking less of yourself but thinking of yourself less'.

The picture of humility in the Bible

is one of a strong person who loves others, not a wimp. Philippians 2: 3-4 says *'Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.'*

Jesus was the perfect model of humility. In Luke 14: 7-11 he addresses self-importance and tells us how we should behave towards one another. Philippians 2 goes on to say: *'Your attitude should be the same as that of Christ Jesus: Who, being in very nature God, did not consider equality with God something to be grasped, but made himself nothing, taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself and became obedient to death - even death on a cross!'* So if Jesus did that, and he is our ultimate role model, we should be trying to be humble too.

So who could you lift up today? Who could you put higher than yourself? Who could you encourage or praise for a job well done? Let's be a church full of humble people, loving, encouraging and building one another up by putting others' interests before our own.

**- RACHAEL HUTCHINS**



The church is fitted with an induction loop for hearing aid users and there are large print copies of all our publications available at the back of church.

### Inside this week:

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## Baptisms today



This morning we are delighted to welcome the family and friends of Phoenix Flaherty who is being baptised in

our 9.15am service. This evening in our 6.30pm service we welcome the family and friends of Harrison Whitmarsh who is also being baptised. Please keep these two little ones and their families in your prayers.

## Ladies' Italian night

The ladies' Italian night is at the Northwood Piazza this **Wednesday 19 October** at 7.30pm. The cost is £20 per head for a set menu which includes a starter, main course and a glass of wine. Please let the office know by Tuesday lunchtime if you would like to attend as we can take a maximum of 30 people.

## Nick and Cat's wedding



This **Saturday 22 October** Nick Mayne and Cat White are getting married! Having first arrived at Emmanuel in 2006 and over the years been involved in a

variety of areas of church life, they would love to invite the Emmanuel community as friends and family to share in their special day. The service is at 1.30pm in church and they are very excited to see many of you there to celebrate with them.

## Northwood community concert



Following the success of the inaugural concert last year, on **Friday 4 November** we are hosting a second

concert in church to raise money for the refugee crisis. All donations will go to Tearfund, as it did last year, to support their work with refugees.

The theme of the concert is 'Love, Peace and Hope' and includes a variety of inspirational music performed by talented professional and amateur musicians from our local community in and around Northwood including Chen Wang, Hillside Community Choir, the Holy Joes, students from London School of Theology and St Helen's School and more. The concert is free and all donations to Tearfund will be very gratefully received.

## Safeguarding at Emmanuel

As part of our safeguarding children's volunteer agreement we have committed to providing safeguarding training every 3 years. For many of our volunteers an update is now due. One suggestion has been to arrange PREVENT training (radicalisation awareness training). If, as a volunteer or member of our congregation, you would be interested in attending a PREVENT session at Emmanuel, please can you inform the office as soon as possible. Whether we can offer it depends on interest. Many thanks.

**- JACKIE MADGE, SAFEGUARDING OFFICER**

## Emmanuel family news

*Please pray for Margaret Mears following the death of her sister.*

*Please continue to pray for: Betty Thompson; Maureen Dobbs; Asher Sinclair; Margaret Mears.*

*In addition, please pray for: Paul and Lois Carter; Gareth and Sian Jones' friend Bernard undergoing chemotherapy; those no longer able to come to church including Dora Clinch, Marguerite Aston, Eileen Basden, Peggy Edmunds, Ron and Eunice Edwards and Elaine Boxhall's sister, Denyse Southon.*

**Mission Partners of the Month: Steve and Sandie**

## Fabulous family fun!

A huge THANK YOU to all who helped at the Family Tea last Saturday. We had about 80 people there from church and the local community. Julie and Catherine made hundreds of cups of tea and coffee, mums and dads chatted and played games and the children had a great time, especially with the chocolate lollies! The next one is planned for **4 February** so do book it into your diaries now!

## Super Sunday

Look out for Super Sunday on **6 November**. A praise and worship event for all of SHINE and Frantic during the 9.15am service.



## Half term - 23 October

As the start of half term fun we are presenting SHINE LITE with games, craft and a film. Crèche that day will be a self-service one in the Africa Lounge.

## Capital Mums event

The London Diocese are putting on a great event on **Thursday 10 November** at 7.30pm at St John with St James Ealing, Mattock Lane, West Ealing, London, W13 9LA. For details go to [www.capitalmums.eventbrite.co.uk](http://www.capitalmums.eventbrite.co.uk). A great chance for some mums to enjoy what looks to be a quality night out.

## Safeguarding vulnerable adults

We are running two training sessions about safeguarding adults, primarily for those in our congregation who have regular contact with potentially vulnerable adults but any congregation member who might find attending such a session useful and/or interesting is welcome to come.

The sessions are being run by Anna Fernandez, Head of Safeguarding Adults at Hillingdon Hospital, on **Friday 4 November** 2.30 to 4pm and on **Tuesday 15 November** 7.45-9.15pm in the Africa Lounge. If you would like to attend either of the sessions please let the office know asap.

**- JACKIE MADGE, SAFEGUARDING OFFICER**

## Third Hope update

If you would like to catch up with the latest news from Third Hope Uganda you are invited to an evening (coffee and dessert) with Rose-Mary and David at 30 The Drive, Northwood this **Wednesday 19 October** at 7.30pm. Please RSVP to Nick or Keren Pollock - details in the church address list.

## Pray Emmanuel



Our termly whole church prayer meeting is on **Wednesday 2 November** at 8.15pm in the Africa Lounge.

Please join us to pray for our church and community. Rachael is hosting the meeting and there will be some 24-7 style activities to engage with as well as worship and corporate prayer.

## Waitrose green tokens

During October Waitrose in Northwood have allocated one of their charity green token boxes to help support our community Christmas lunch this year. If you are shopping in Waitrose do please look out for our token box.

## Thank you!

Thanks to everyone who was able to join us to share our special day in August. We're so grateful for all your prayers and warm wishes as we start out on this new chapter, and it was wonderful to be able to celebrate with our Emmanuel family.

**- SAM AND SARAH GROVES**

## Harvest vases

Thanks again to all who provided the lovely flower arrangements for Harvest. If you have yet to collect your vase, please collect it from the flower cupboard near the chapel.

## Hurricane Matthew

Thank you everyone for your prayers for Haiti. As you have seen from the news, hurricane Matthew has caused much devastation across Haiti. Fortunately the eye of the hurricane missed La Gonave. I now call it Miracle La Gonave. The hospital and schools that Julian (my son) was responsible for are all standing unharmed, and the people of the island are busy clearing and rebuilding where needed.

Please continue to pray for Haiti and the brave, resourceful, hardworking people there. Many thanks.

**- ROSEMARIE CATTLE**

## There are no ordinary people



Don't forget to get your tickets for the Jeff Lucas night here at Emmanuel on **Saturday 19 November**. Tickets can be bought from the church office at £13 each or online from <http://searchlighttheatre.org/jeff-lucas-tour/4592462824>.

## Youth team

Andrew and the youth work team are looking for some more willing volunteers to join them. Could you give one Monday or Thursday evening a month, or one Sunday morning or evening to help run our youth activities? Please get in touch with Andrew if interested. Contact details on the back page.

## Lectures in Worship Studies

LST invites you to come to a unique learning experience - four visiting global scholars giving new insights into worship.

**7 November** - 'The Holy Spirit and Worship: Global Pentecostal Case Studies' by Revd. Dr. Mark Cartledge, Professor of Practical Theology, Regent University

**17 November** - Better Words, Fewer of Them: The Power of Language in a Word-Drowned Society.' by Revd. Dr. Maggi Dawn, Associate Dean and Associate Professor of Theology and Literature, Yale Divinity School and Yale Institute of Sacred Music

**21 November** - 'Worship and the World to Come: Forming Christian Hope Through the Optimism of Progress and Pessimism of Mass Destruction' by Rev. Glenn Packiam, Pastor, Songwriter and Scholar, New Life Church Colorado

**1 December** - 'It's Only a Song': Worship and the Power of Language, Lyric and Memory' by Dr. Graham Kendrick, Songwriter and Artist, Make Way Music

Each evening is 7-9pm at LST. Cost: £10 per lecture or sign up and pre-pay for all four lectures at a discounted £25. Contact Rachel at [music@lst.ac.uk](mailto:music@lst.ac.uk) or 01923 456220 for more information and to reserve your place .

## Handy person needed!

The Foodbank team need to put some shelves in their new storage cupboard and are looking for someone with practical skills who can cut the shelving to fit. If you can help, please email Sally Franklin at [emmanuelfoodbank@gmail.com](mailto:emmanuelfoodbank@gmail.com)

## SUNDAY 16 OCTOBER (Twenty First Sunday after Trinity)

8.00am	Holy Communion (BCP)	Johnny Douglas
9.15am	Informal Worship <i>Jacob: Work - the story of Laban (Genesis 29:14-20; 31:10-13)</i>	Christine Britton Johnny Douglas
11.00am	Morning Worship <i>Jacob: Work - the story of Laban (Genesis 29:14-20; 31:10-13)</i>	Richard Hall Johnny Douglas
4.15pm	Africa Prayer Meeting	Flat 2, South Hill
6.30pm	Informal Worship with Holy Communion <i>Encounters with Jesus: The man blind from birth (John 9:1-12)</i>	Julie Douglas Johnny Douglas
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10.00am	Eastbury Morning Service - Mission Gift Day <i>Trusting God for the Future - Isaiah 42</i>	Helen Wilkinson David Morgan

## PRAYER MINISTRY

Would you like someone to pray with you in confidence for a particular need for you or for someone you love? Members of our prayer ministry team are always available after the 9.15am and 6.30pm services. There is also a notice board in the chapel for prayer requests.

## HOLY COMMUNION

Non-alcoholic wine is served at the front chapel point during all 9.15am Communion services. It is also available at other Communion services, as are gluten-free wafers.

## SUNDAY 23 OCTOBER (Last Sunday after Trinity/Bible Sunday)

8.00am	Holy Communion (BCP)	Johnny Douglas
9.15am	Informal Worship <i>Jacob: Conversion - the story of the God-Man (Genesis 32:26-28)</i>	Johnny Douglas Nick Atkins
11.00am	Morning Worship <i>Jacob: Conversion - the story of the God-Man (Genesis 32:26-28)</i>	Johnny Douglas Nick Atkins
6.30pm	Informal Worship <i>Encounters with Jesus: Jesus' mother at the wedding (John 2:1-11)</i>	Siobhan Gale Johnny Douglas
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10.00am	Eastbury Morning Service <i>Trusting God for the Future - Isaiah 36-37</i>	Kay Sadler David Hadley

## This week:

### MONDAY 17 OCTOBER

2.15pm	Oyster Bible study for seniors	Betty's Room
7.00pm	Frantic Cell	Youth Lounge
8.15pm	PCC meeting	Africa Lounge

### TUESDAY 18 OCTOBER

9.00am	Morning Prayer (also Wednesday and Thursday)	Betty's Room
9.30am	SPACE	Africa Lounge, Hall
4.45pm	JIGS	Upper Room
7.30pm	Alpha	Arch Room
8.00pm	Prayer on Tuesday	Betty's Room

### WEDNESDAY 19 OCTOBER

9.30am	Language Café	Arch Room
11.00am	Holy Communion, prayers for healing	Chapel (Johnny Douglas)
2.15pm	Wednesday Fellowship <i>Costa Rica to Guatemala - Chris Daykin</i>	Africa Lounge
6.15pm	Brownies	Hall
7.30pm	Ladies' Italian Night	Northwood Piazza

### THURSDAY 20 OCTOBER

10.00am	Toy Library	Westgate
10.00am	Babies and Toddlers	Africa Lounge, Hall
7.30pm	Deeper Cell	Youth Lounge

### FRIDAY 21 OCTOBER

11.00am	Foodbank	Westgate
11.30am	Community Lunch	Africa Lounge

### SATURDAY 22 OCTOBER

1.30pm	Wedding of Nick Mayne and Cat White	Church
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## A FEW DATES FOR THE DIARY

**Ladies' Italian  
night  
19 October**

**Pray Emmanuel  
2 November**

**Northwood  
community  
concert  
4 November**

# Daily Bible Readings

To grow in our Christian life we need food. Reading the Bible gives us the food that our spirit needs to flourish. Just as our body can't live without food, our spirit cannot live without the word of God.

If you read the Bible and take time to be with God each day your relationship with God will stay fresh and alive. We hope the readings below will help in this.

**MONDAY**  
17 OCTOBER

**Psalm 1**  
**Exodus 22:21-27,**  
**23:1-17**  
**1 Timothy 6:1-10**

**TUESDAY**  
18 OCTOBER

**Psalms 145,146**  
**Isaiah 55**  
**Luke 1:1-4**

**WEDNESDAY**  
19 OCTOBER

**Psalm 119:1-32**  
**Leviticus 8**  
**2 Timothy 1:1-14**

**THURSDAY**  
20 OCTOBER

**Psalm 15**  
**Leviticus 9**  
**2 Timothy 1:15-2:13**

**FRIDAY**  
21 OCTOBER

**Psalm 19**  
**Leviticus 16:2-24**  
**2 Timothy 2:14-end**

**SATURDAY**  
22 OCTOBER

**Psalm 23**  
**Leviticus 17**  
**2 Timothy 3**

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9am - 2.30pm**

Est. 1986

*The Coffee Shop*

at Emmanuel

**Free Wi-Fi**

**This week's specials:**

- ◇ **Beef and ale pie**
- ◇ **Roasted butternut soup**
- ◇ **Rum Baba**

Delicious cakes, sandwiches and gluten free options available

# Sermon Notes

## Our regular Sunday services:

- 8am** - said Holy Communion service (BCP)  
**9.15am** - informal service with groups for children  
**11am** - traditional morning service (CW)  
**6.30pm** - informal evening service

### Emmanuel Church

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Emmanuel Church Northwood



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#### ASSOCIATE VICAR

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#### YOUTH MINISTRY LEADER

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#### CHILDREN'S MINISTRY LEADERS

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#### PASTORAL APPRENTICE

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#### SECRETARY (TUE, FRI)

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